

November 24, 2022

There is NO SCHOOL on Friday, Nov. 25 because of PD Day for Staff.

Thank you for all that attended another successful Parent Teacher Interview night! We were excited to chat with those that were able to make it. For those that couldn't, please feel free to email your student's teachers with your concerns.

Please check your PowerSchool for missing assignments.

For any students who are interested in Work Experience, RAP, or the Green Certificate, please see Mrs. McLeod.

FREE BREAKFAST SANDWICHES from Reddi Mart are available EVERY Tuesday morning for our students. Please encourage your student to come to the SGA and enjoy a sandwich with friends before class. Breakfast is served from 8:30 am – 8:50 am.

Student schedules are now available on PowerSchool 😊

If you are having trouble viewing on the APP, you may need to delete the app and reinstall using the same username and password to gain this year's information. Any changes to schedule will be able to be done the first week at school.



Parent Portal Access – Please!

If you have not already signed up for your Parent Portal Account, please sign up to use the PowerSchool Parent Portal and have instant access to your child's assignment and test marks, attendance, report card history, and more! Sign up by clicking the waffle button (square button with 9 boxes inside) on the top right-hand side of the Peace River School Division website, or any of our school websites, and choose "PowerSchool Student and Parent Portal" <https://prsd.powerschool.com/public/>



School Cash Accounts

If there are any fees for your child, such as extra curricular, Yearbook, damaged or lost school textbooks, they will appear on your child's account. Please take the time to set up your School Cash account and make any outstanding fee payments. You will find the easy sign-up on the Peace River School Division's website, the waffle buttons on the upper right-hand corner and selecting School Cash Online Payments. This will also be used to order hot lunches once the program has been organized (possibly by early October).

ATTENTION PEACE RIVER HIGH SCHOOL

Jasper Ski Trip 2023

Thurs Mar 2nd - Sun Mar 5th

Cost: \$459 - Includes: hotel (lobstick lodge), Transportation (Bus), Lift Tickets (1 hr lesson included), taxes
** Rentals extra \$27/day
See Mr. White to sign up and/or for more details

A Note on SUCCESS

Students have SUCCESS classes that run from 10:12-10:59 each day. Each day has different options available.



Mondays are mandatory for all students to attend their homeroom teachers' class for either Health 9, Learning Strategies, or Grade 12 preparation courses.

Tuesday through Thursday, different options might be available to the students for tutoring or catch up, or their teachers might 'lock' them in for a mandatory class or for extra help. For those students that are all caught up, open rooms are available (sometimes even the gym!).

However, it is not a spare block. Students are expected to sign-in to a room or will be marked unexcused absent. This will mean an automated phone call at the end of the day unless the parent has called to excuse.


Technology



Please return any Chromebooks or other technology that belongs to the school as soon as possible. They are locked and therefore useless to you at home.

Please remember that all Chromebooks need to be returned at the end of class, they should not be going home or stored in lockers.

GRADUATION 2023



Attention!!

Grad Parent Meeting!

We will be having a Grad Parent Meeting on Wednesday, Nov. 30, at 7:00 pm at Peace River High School. Please join us if you have a student that is graduating with us.

The image is a blue rectangular graphic with a white graduation cap icon at the top center. To the left of the cap, the word "Attention!!" is written in a yellow, slanted, bold font. Below the cap, the words "Grad Parent Meeting!" are written in a large, colorful, bubbly font. At the bottom, a white text block provides details about the meeting.

Also, please take this opportunity to register your phone to receive important messages via text using the attached instructions



The Trusted Platform
for School Community Engagement

Parents and Guardians

You can take advantage of our Text Messaging Service

Our school utilizes the SchoolMessenger system to deliver text messages, straight to your mobile phone with important information about events, school closings, safety alerts and more.*

You can participate in this free service* just by sending a text message of “Y” or “Yes” to our school’s short code number, **724665**.

You can also opt out of these messages at any time by simply replying to one of our messages with “**Stop**”.

SchoolMessenger is compliant with the Student Privacy Pledge™, so you can rest assured that your information is safe and will never be given or sold to anyone.



**Opt-In from
your mobile
phone now!**



**Just send
“Y” or “Yes”
to 724665**

i Information on SMS text messaging and Short Codes:

SMS stands for Short Message Service and is commonly referred to as a “text message”. Most cell phones support this type of text messaging. Our notification provider, SchoolMessenger, uses a true SMS protocol developed by the telecommunications industry specifically for mass text messaging, referred to as “short code” texting. This method is fast, secure and highly reliable because it is strictly regulated by the wireless carriers and only allows access to approved providers. If you’ve ever sent a text vote for a TV show to a number like 46999, you have used short code texting.

*Terms and Conditions – Message frequency varies. Standard message and data rates may apply. Reply HELP for help. Text STOP to cancel. Mobile carriers are not liable for delayed or undelivered messages. See schoolmessenger.com/tm for more info.



Hot Lunch

HOT LUNCH ARE \$6

Monday – Kita

Wednesday – Subway

Thursday – Mat's Pizza

LUNCH CARDS ARE AVAILABLE FOR PURCHASE ON SCHOOLCASH FOR \$60 FOR 10 LUNCHES.

The First Baptist Church will be providing FREE lunches at the church every Tuesday.

Nomad Athletics



ZONE CHAMPIONS - Nomads Senior Women's Volleyball team won GOLD at the 2A zones.

UNDEFEATED!!! They are currently in Claresholm competing in PROVINCALS!! We are cheering you on from here. If you are interested in watching the games, you can live stream it at <https://www.youtube.com/c/asaalive>

Our Sr. Men's Volleyball team travelled to La Crete for Zones! They played their hearts out and left everything out on the court. Unfortunately, they lost in the bronze medal games. All their games were very close. We are super proud of how they conducted themselves. Great job, guys!!

Basketball season is now STARTING!!!

November 23, 2022

Dear parent/guardian,

Influenza season, also known as the 'Flu' season, is here. We want to help protect the health of children and families by decreasing the spread of influenza so that you and your children can stay safe and healthy throughout the winter season.

In the last few weeks, we have seen a large rise in cough and fever type sickness in our schools. We are concerned that this influenza season will be more severe than we have seen in years, and that illness will continue to disrupt school, sports and upcoming holiday gatherings.

The influenza season in Australia often predicts the type of season we will see in Canada. This year, Australia had a particularly severe respiratory virus season with influenza and COVID-19 rising at the same time. They saw the highest rates of influenza disease in children and teenagers, with children less than 16 years of age accounting for the majority of all influenza hospitalizations this year.

While most children who get influenza will recover without complications, some children can get very sick and need treatment in hospital. Children can also spread influenza to friends and family. H3N2, the common strain of influenza so far in Alberta, is known to cause more severe illness in young children and seniors. The influenza vaccine being used this season provides protection against the H3N2 virus.

Influenza vaccines are safe, effective and offer the best defense from serious illness. In Alberta, the annual influenza vaccine is provided free of charge, and it is recommended for all children 6 months and older. Parents are encouraged to have their children immunized against influenza. Appointments for children under five years of age and their families are available at Alberta Health Services (AHS) clinics and can be booked by calling 811 or online at: <https://bookvaccine.alberta.ca/s/booking>. Albertans five years of age and older can get their influenza vaccine at a pharmacy or participating physician clinic.

In addition to getting the vaccine, we encourage you and your child to take the following everyday actions to prevent influenza:

- stay home when feeling sick;
- if possible, avoid close contact with people who are sick;
- wash hands frequently with soap and warm water for at least 20 seconds or use alcohol based hand sanitizer;
- cover your cough;

- avoid touching eyes, nose, or mouth with unwashed hands; and
- clean and disinfect frequently touched surfaces and items at home, especially when someone in your home is sick.

Using a well-fitting, high quality mask is encouraged, especially in crowded indoor settings. Wearing a mask can help reduce your risk of becoming sick and help protect others from being exposed. Individuals should be supported regardless of their choice to mask or not.

For children who develop respiratory illness, mild symptoms can usually be managed at home and most children recover without special treatment. Home management includes getting extra rest and drinking plenty of fluids. Parents can visit the [AHS Health, Education and Learning \(HEAL\)](#) website for advice from Alberta Pediatric Emergency Medicine experts on home management options for specific symptoms and guidance on when to seek medical care.

Thank you for everything you do to keep your families and communities healthy. Wishing you a healthy and happy winter season.

Regards,

Dr. Mark Joffe
Chief Medical Officer of Health
Alberta Health

Dr. Laura McDougall
Senior Medical Officer of Health
Alberta Health Services





November 2022



Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	31 Halloween 	1 Free Breakfast 	2 Picture Retakes 	3 Self-Defense Class 	4 Self-Defense Class 	5
6	7	8 Free Breakfast  National Aboriginal Veterans Day	9	10 Remembrance Day <i>As:</i> 	11 Remembrance Day No School <i>Peace Classic - Sr. Volleyball Tournament</i>	12 <i>Peace Classic Sr. Vb. Tour.</i>
13	14	15 Free Breakfast 	16	17	18 Report Cards	19
20	21	22 Free Breakfast 	23 Parent-Teacher Interviews 5-8pm	24	25 No School- PD Day	26
27	28	29 Free Breakfast 	30	1	2	3





2022-2023 PEACE RIVER HIGH SCHOOL YEAR CALENDAR

25,26 & 29 –Divisional/Site Based PD/Operational Day
30- First day for students

AUGUST '22						
S	M	T	W	Th	F	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

SEPTEMBER '22						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

5-Labour Day, no school
13-School Pictures – 9 A.M.
23-Division PD-based In-Service Day
30- Truth & Reconciliation Day, no school

7- Non-operational day
10-Thanksgiving Day, no school
13 – Super Thursday
18 – Super Tuesday
24- PD day
26-PTI by Appointment

OCTOBER '22						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

NOVEMBER '22						
S	M	T	W	Th	F	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

11-Remembrance Day-No School
18-Report Cards
22/24 – Super week
23 – PTI by appointment
25- PD Day, ATA PD Day

13/15 – Super week
23-31 – Christmas Break

DECEMBER '22						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

JANUARY '23						
S	M	T	W	Th	F	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

1-8 Christmas Break
12-27 - Diploma Exams
17/19 – Super week
20 – Last day of classes
23-26 – Exam Week
27 – Report Cards
30 – PD Day
31- Semester 2 Starts

10 – PD Day
17 - Non-Operational Day
20- Family Day, no school
23 – Super Thursday
28 – Super Tuesday

FEBRUARY '23						
S	M	T	W	Th	F	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28				

MARCH '23						
S	M	T	W	Th	F	S
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12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

9 & 10 - Teachers Convention
14/16 - Superweek
24 – PD Day
29 – PTI by appointment

7 – 16 -Easter Break
21 – Report Cards
26 – PTI by appointment

APRIL '23						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30						

MAY '23						
S	M	T	W	Th	F	S
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7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31			

12 – PD Day
22 – Victoria Day, no school
23/25 - Superweek

13/15 – Superweek
16 – Last day of classes
19 – 23 Exam week
12 – 26 – Diploma Exams
27 – Report Cards
28 – Last Operational Day

JUNE '23						
S	M	T	W	Th	F	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	

JULY '23						
S	M	T	W	Th	F	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

1-Canada Day